

# DAILY / WEEKLY - SCHEDULE

Monday			Tuesday	
Done	Activity		Activity	Done
		8:00		
		9:00		
		9:30		
		10:00		
		10:30		
		11:00		
		11:30		
		12:00		
		12:30		
		1:00		
		1:30		
		2:00		
		2:30		
		3:00		
		3:30		
		4:00		
		4:30		
Wednesday			Thursday	
Done	Activity		Activity	Done
		8:00		
		9:00		
		9:30		
		10:00		
		10:30		
		11:00		
		11:30		
		12:00		
		12:30		
		1:00		
		1:30		
		2:00		
		2:30		
		3:00		
		3:30		
		4:00		
		4:30		
Friday			Saturday/Sunday	
Done	Activity		Activity	Done
		8:00		
		9:00		
		9:30		
		10:00		
		10:30		
		11:00		
		11:30		
		12:00		
		12:30		
		1:00		
		1:30		
		2:00		
		2:30		
		3:00		
		3:30		
		4:00		
		4:30		